



17. Lorsch Triathlon

Lorsch / 21.08.2022

Detailed evaluation

Frank Mucha

Total time: 1:27:36

Number: 272

Course: 25.50 km

Rank in course/Total: 207 (of 279)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 165 (of 210)

Best time in course: 59:54

Category:

Rank in category: 24(of 28)

Senioren 3 (TM 50)

Best time in the category: 1:03:49

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	10:45	21:30	7	2:12	79	2:57	0.50	10:45	21:30	29	2:12	211	2:57
Wechsel S -> R	-	5:16	-	27	3:26	205	3:55	0.50	16:01	32:01	29	5:04	211	6:14
Schwimmen Total	0.50	16:01	32:01	29	5:04	211	6:14	0.50	16:01	32:01	29	5:04	211	6:14
Rad netto	20.00	43:36	2:10	26	12:42	190	19:23	20.50	59:37	2:54	29	17:46	211	18:28
Wechsel R -> L	-	1:12	-	18	0:40	117	0:46	20.50	1:00:49	2:58	29	17:47	211	18:54
Rad Total	20.00	44:48	2:14	26	12:43	188	19:11	20.50	1:00:49	2:58	29	17:47	211	18:54
Lauf Ziel	5.00	26:47	5:21	20	7:03	138	8:48	25.50	1:27:36	3:26	24	23:47	165	27:42