



17. Lorsch Triathlon

Lorsch / 21.08.2022

Detailed evaluation

John Guenther

Total time: 1:37:52

Number: 131

Course: 25.50 km

Rank in course/Total: 261 (of 279)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 202 (of 210)

Best time in course: 59:54

Category:

Rank in category: 28(of 28)

Senioren 3 (TM 50)

Best time in the category: 1:03:49

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Total ranking			
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	14:15	28:30	25	5:42	188	6:27	0.50	14:15	28:30	29	5:42	211	6:27
Wechsel S -> R	-	4:27	-	25	2:37	194	3:06	0.50	18:42	37:23	29	7:45	211	8:55
Schwimmen Total	0.50	18:42	37:23	29	7:45	211	8:55	0.50	18:42	37:23	29	7:45	211	8:55
Rad netto	20.00	50:21	2:31	28	19:27	208	26:08	20.50	1:09:03	3:22	29	27:12	207	27:54
Wechsel R -> L	-	1:59	-	27	1:27	199	1:33	20.50	1:11:02	3:27	29	28:00	208	29:07
Rad Total	20.00	52:20	2:37	28	20:15	208	26:43	20.50	1:11:02	3:27	29	28:00	208	29:07
Lauf Ziel	5.00	26:50	5:21	21	7:06	139	8:51	25.50	1:37:52	3:50	28	34:03	202	37:58