



17. Lorsch Triathlon

Lorsch / 21.08.2022

Detailed evaluation

Michael Roth

Total time: 1:07:19

Number: 9

Course: 25.50 km

Rank in course/Total: 17 (of 279)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 16 (of 210)

Best time in course: 59:54

Category:

Rank in category: 2(of 37)

Senioren 4 (TM 55)

Best time in the category: 1:05:27

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score			Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	9:12	18:23	4	1:24	21	1:24	0.50	9:12	18:23	4	1:24	21	1:24
Wechsel S -> R	-	1:53	-	2	0:04	15	0:32	0.50	11:05	22:10	38	0:11	211	1:18
Schwimmen Total	0.50	11:05	22:10	38	0:11	211	1:18	0.50	11:05	22:10	38	0:11	211	1:18
Rad netto	20.00	34:49	1:44	7	1:54	38	10:36	20.50	45:54	2:14	38	1:53	211	4:45
Wechsel R -> L	-	1:10	-	18	0:33	109	0:44	20.50	47:04	2:17	38	2:15	211	5:09
Rad Total	20.00	35:59	1:47	6	2:04	41	10:22	20.50	47:04	2:17	38	2:15	211	5:09
Lauf Ziel	5.00	20:15	4:02	1	-	15	2:16	25.50	1:07:19	2:38	2	1:52	16	7:25