



# 17. Lorsch Triathlon

Lorsch / 21.08.2022

## Detailed evaluation

Jochen Acker

Club: LCO Edenkobe

Number: 207

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Category:

Senioren 4 (TM 55)

Total time: 1:11:32

Rank in course/Total: 43 (of 279)

Rank in course/Men: 41 (of 210)

Best time in course: 59:54

Rank in category: 6(of 37)

Best time in the category: 1:05:27

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	10:16	20:32	10	2:28	57	2:28	0.50	10:16	20:32	38	2:28	211	2:28
Wechsel S -> R	-	2:28	-	11	0:39	63	1:07	0.50	12:44	25:27	38	1:50	48	2:57
Schwimmen Total	0.50	12:44	25:27	38	1:50	48	2:57	0.50	12:44	25:27	38	1:50	48	2:57
Rad netto	20.00	36:08	1:48	13	3:13	71	11:55	20.50	48:52	2:23	38	4:51	211	7:43
Wechsel R -> L	-	1:04	-	14	0:27	92	0:38	20.50	49:56	2:26	38	5:07	211	8:01
Rad Total	20.00	37:12	1:51	13	3:17	69	11:35	20.50	49:56	2:26	38	5:07	211	8:01
Lauf Ziel	5.00	21:36	4:19	6	1:21	38	3:37	25.50	1:11:32	2:48	6	6:05	41	11:38