



17. Lorsch Triathlon

Lorsch / 21.08.2022

Detailed evaluation

Stefan Jung

Total time: 1:14:17

Number: 310

Course: 25.50 km

Rank in course/Total: 66 (of 279)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 61 (of 210)

Best time in course: 59:54

Category:

Rank in category: 9(of 37)

Senioren 4 (TM 55)

Best time in the category: 1:05:27

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen nett	0.50	9:12	18:23	4	1:24	21	1:24	0.50	9:12	18:23	4	1:24	21	1:24	
Wechsel S -> R	-	2:50	-	17	1:01	106	1:29	0.50	12:02	24:03	38	1:08	211	2:15	
Schwimmen Total	0.50	12:02	24:03	38	1:08	211	2:15	0.50	12:02	24:03	38	1:08	211	2:15	
Rad netto	20.00	35:31	1:46	9	2:36	55	11:18	20.50	47:33	2:19	38	3:32	211	6:24	
Wechsel R -> L	-	1:02	-	12	0:25	82	0:36	20.50	48:35	2:22	38	3:46	211	6:40	
Rad Total	20.00	36:33	1:49	8	2:38	55	10:56	20.50	48:35	2:22	38	3:46	211	6:40	
Lauf Ziel	5.00	25:42	5:08	20	5:27	120	7:43	25.50	1:14:17	2:54	9	8:50	61	14:23	