



17. Lorsch Triathlon

Lorsch / 21.08.2022

Detailed evaluation

Hans-Jürgen Erhard

Total time: 1:19:05

Club: TV Eppelheim

Number: 47

Course: 25.50 km

Rank in course/Total: 121 (of 279)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 107 (of 210)

Best time in course: 59:54

Category:

Rank in category: 17(of 37)

Senioren 4 (TM 55)

Best time in the category: 1:05:27

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	12:09	24:18	21	4:21	134	4:21	0.50	12:09	24:18	21	4:21	134	4:21
Wechsel S -> R	-	2:38	-	13	0:49	79	1:17	0.50	14:47	29:33	38	3:53	211	5:00
Schwimmen Total	0.50	14:47	29:33	38	3:53	211	5:00	0.50	14:47	29:33	38	3:53	211	5:00
Rad netto	20.00	39:30	1:58	24	6:35	139	15:17	20.50	54:17	2:38	38	10:16	211	13:08
Wechsel R -> L	-	0:53	-	6	0:16	54	0:27	20.50	55:10	2:41	38	10:21	211	13:15
Rad Total	20.00	40:23	2:01	24	6:28	135	14:46	20.50	55:10	2:41	38	10:21	211	13:15
Lauf Ziel	5.00	23:55	4:46	11	3:40	78	5:56	25.50	1:19:05	3:06	17	13:38	107	19:11