



17. Lorsch Triathlon

Lorsch / 21.08.2022

Detailed evaluation

Ivo Herschel

Total time: 1:19:38

Number: 49

Course: 25.50 km

Rank in course/Total: 129 (of 279)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 114 (of 210)

Best time in course: 59:54

Category:

Rank in category: 18(of 37)

Senioren 4 (TM 55)

Best time in the category: 1:05:27

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score			Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	11:16	22:32	15	3:28	98	3:28	0.50	11:16	22:32	15	3:28	98	3:28
Wechsel S -> R	-	2:23	-	8	0:34	51	1:02	0.50	13:39	27:18	38	2:45	211	3:52
Schwimmen Total	0.50	13:39	27:18	38	2:45	211	3:52	0.50	13:39	27:18	38	2:45	211	3:52
Rad netto	20.00	38:24	1:55	21	5:29	116	14:11	20.50	52:03	2:32	38	8:02	100	10:54
Wechsel R -> L	-	0:53	-	6	0:16	54	0:27	20.50	52:56	2:34	38	8:07	211	11:01
Rad Total	20.00	39:17	1:57	19	5:22	104	13:40	20.50	52:56	2:34	38	8:07	211	11:01
Lauf Ziel	5.00	26:42	5:20	22	6:27	137	8:43	25.50	1:19:38	3:07	18	14:11	114	19:44