



17. Lorsch Triathlon

Lorsch / 21.08.2022

Detailed evaluation

Andreas Nordt

Total time: 1:21:22

Number: 53

Course: 25.50 km

Rank in course/Total: 149 (of 279)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 129 (of 210)

Best time in course: 59:54

Category:

Rank in category: 22(of 37)

Senioren 4 (TM 55)

Best time in the category: 1:05:27

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	11:54	23:48	19	4:06	126	4:06	0.50	11:54	23:48	19	4:06	127	4:06
Wechsel S -> R	-	2:18	-	7	0:29	43	0:57	0.50	14:12	28:23	38	3:18	211	4:25
Schwimmen Total	0.50	14:12	28:23	38	3:18	211	4:25	0.50	14:12	28:23	38	3:18	211	4:25
Rad netto	20.00	38:00	1:53	19	5:05	106	13:47	20.50	52:12	2:32	38	8:11	211	11:03
Wechsel R -> L	-	1:38	-	30	1:01	185	1:12	20.50	53:50	2:37	38	9:01	211	11:55
Rad Total	20.00	39:38	1:58	21	5:43	114	14:01	20.50	53:50	2:37	38	9:01	211	11:55
Lauf Ziel	5.00	27:32	5:30	25	7:17	150	9:33	25.50	1:21:22	3:11	22	15:55	129	21:28