



17. Lorsch Triathlon

Lorsch / 21.08.2022

Detailed evaluation

Robert Glanzner

Total time: 1:23:41

Number: 271

Course: 25.50 km

Rank in course/Total: 175 (of 279)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 146 (of 210)

Best time in course: 59:54

Category:

Rank in category: 24(of 37)

Senioren 4 (TM 55)

Best time in the category: 1:05:27

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	10:20	20:40	11	2:32	62	2:32	0.50	10:20	20:40	38	2:32	211	2:32
Wechsel S -> R	-	3:18	-	25	1:29	143	1:57	0.50	13:38	27:15	38	2:44	211	3:51
Schwimmen Total	0.50	13:38	27:15	38	2:44	211	3:51	0.50	13:38	27:15	38	2:44	211	3:51
Rad netto	20.00	40:54	2:02	27	7:59	162	16:41	20.50	54:32	2:39	38	10:31	211	13:23
Wechsel R -> L	-	1:31	-	28	0:54	171	1:05	20.50	56:03	2:44	38	11:14	211	14:08
Rad Total	20.00	42:25	2:07	27	8:30	171	16:48	20.50	56:03	2:44	38	11:14	211	14:08
Lauf Ziel	5.00	27:38	5:31	26	7:23	151	9:39	25.50	1:23:41	3:16	24	18:14	146	23:47