



17. Lorsch Triathlon

Lorsch / 21.08.2022

Detailed evaluation

Thomas Groß

Total time: 1:24:37

Number: 312

Course: 25.50 km

Rank in course/Total: 181 (of 279)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 149 (of 210)

Best time in course: 59:54

Category:

Rank in category: 25(of 37)

Senioren 4 (TM 55)

Best time in the category: 1:05:27

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	13:21	26:41	28	5:33	171	5:33	0.50	13:21	26:41	38	5:33	211	5:33
Wechsel S -> R	-	3:31	-	30	1:42	158	2:10	0.50	16:52	33:44	38	5:58	171	7:05
Schwimmen Total	0.50	16:52	33:44	38	5:58	171	7:05	0.50	16:52	33:44	38	5:58	171	7:05
Rad netto	20.00	37:28	1:52	17	4:33	95	13:15	20.50	54:20	2:39	38	10:19	211	13:11
Wechsel R -> L	-	1:13	-	19	0:36	122	0:47	20.50	55:33	2:42	38	10:44	211	13:38
Rad Total	20.00	38:41	1:56	17	4:46	92	13:04	20.50	55:33	2:42	38	10:44	211	13:38
Lauf Ziel	5.00	29:04	5:48	28	8:49	161	11:05	25.50	1:24:37	3:19	25	19:10	149	24:43