



17. Lorsch Triathlon

Lorsch / 21.08.2022

Detailed evaluation

Mario Zubrod

Total time: 1:33:55

Number: 203

Course: 25.50 km

Rank in course/Total: 248 (of 279)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 193 (of 210)

Best time in course: 59:54

Category:

Rank in category: 32(of 37)

Senioren 4 (TM 55)

Best time in the category: 1:05:27

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	12:29	24:57	24	4:41	146	4:41	0.50	12:29	24:57	38	4:41	211	4:41
Wechsel S -> R	-	4:24	-	36	2:35	190	3:03	0.50	16:53	33:45	38	5:59	211	7:06
Schwimmen Total	0.50	16:53	33:45	38	5:59	211	7:06	0.50	16:53	33:45	38	5:59	211	7:06
Rad netto	20.00	43:41	2:11	32	10:46	191	19:28	20.50	1:00:34	2:57	38	16:33	211	19:25
Wechsel R -> L	-	2:13	-	34	1:36	201	1:47	20.50	1:02:47	3:03	38	17:58	211	20:52
Rad Total	20.00	45:54	2:17	33	11:59	194	20:17	20.50	1:02:47	3:03	38	17:58	211	20:52
Lauf Ziel	5.00	31:08	6:13	30	10:53	186	13:09	25.50	1:33:55	3:40	32	28:28	193	34:01