



17. Lorsch Triathlon

Lorsch / 21.08.2022

Detailed evaluation

Ulf Glauner

Total time: 1:33:55

Number: 130

Course: 25.50 km

Rank in course/Total: 249 (of 279)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 193 (of 210)

Best time in course: 59:54

Category:

Rank in category: 32(of 37)

Senioren 4 (TM 55)

Best time in the category: 1:05:27

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	13:28	26:56	29	5:40	174	5:40	0.50	13:28	26:56	38	5:40	211	5:40
Wechsel S -> R	-	3:01	-	19	1:12	118	1:40	0.50	16:29	32:58	38	5:35	211	6:42
Schwimmen Total	0.50	16:29	32:58	38	5:35	211	6:42	0.50	16:29	32:58	38	5:35	211	6:42
Rad netto	20.00	42:34	2:07	31	9:39	184	18:21	20.50	59:03	2:52	38	15:02	181	17:54
Wechsel R -> L	-	1:21	-	22	0:44	144	0:55	20.50	1:00:24	2:56	38	15:35	180	18:29
Rad Total	20.00	43:55	2:11	30	10:00	186	18:18	20.50	1:00:24	2:56	38	15:35	180	18:29
Lauf Ziel	5.00	33:31	6:42	33	13:16	196	15:32	25.50	1:33:55	3:40	32	28:28	193	34:01