



17. Lorsch Triathlon

Lorsch / 21.08.2022

Detailed evaluation

Thomas Adrian

Total time: 1:13:05

Club: Stimmel Sports

Number: 266

Course: 25.50 km

Rank in course/Total: 52 (of 279)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 48 (of 210)

Best time in course: 59:54

Category:

Rank in category: 2(of 12)

Senioren 5 (TM 60)

Best time in the category: 1:11:52

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Total ranking		Pos Men	Behind Men
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.		
Schwimmen nett	0.50	9:45	19:30	1	-	34	1:57	0.50	9:45	19:30	1	-	211	1:57
Wechsel S -> R	-	2:36	-	3	0:40	75	1:15	0.50	12:21	24:41	13	0:03	37	2:34
Schwimmen Total	0.50	12:21	24:41	13	0:03	37	2:34	0.50	12:21	24:41	13	0:03	37	2:34
Rad netto	20.00	33:34	1:40	2	9:21	19	9:21	20.50	45:55	2:14	2	4:43	211	4:46
Wechsel R -> L	-	1:20	-	7	0:45	140	0:54	20.50	47:15	2:18	2	4:39	211	5:20
Rad Total	20.00	34:54	1:44	2	9:17	22	9:17	20.50	47:15	2:18	2	4:39	211	5:20
Lauf Ziel	5.00	25:50	5:09	5	2:30	125	7:51	25.50	1:13:05	2:51	2	1:13	48	13:11