



17. Lorsch Triathlon

Lorsch / 21.08.2022

Detailed evaluation

Johan Willems

Total time: 1:14:02

Number: 264

Course: 25.50 km

Rank in course/Total: 60 (of 279)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 55 (of 210)

Best time in course: 59:54

Category:

Rank in category: 3(of 12)

Senioren 5 (TM 60)

Best time in the category: 1:11:52

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen nett	0.50	11:00	22:00	3	1:15	88	3:12	0.50	11:00	22:00	3	1:15	211	3:12	
Wechsel S -> R	-	2:34	-	2	0:38	69	1:13	0.50	13:34	27:07	13	1:16	79	3:47	
Schwimmen Total	0.50	13:34	27:07	13	1:16	79	3:47	0.50	13:34	27:07	13	1:16	79	3:47	
Rad netto	20.00	35:57	1:47	4	11:44	61	11:44	20.50	49:31	2:24	4	8:19	211	8:22	
Wechsel R -> L	-	1:11	-	6	0:36	113	0:45	20.50	50:42	2:28	4	8:06	211	8:47	
Rad Total	20.00	37:08	1:51	4	11:31	66	11:31	20.50	50:42	2:28	4	8:06	211	8:47	
Lauf Ziel	5.00	23:20	4:39	1	-	67	5:21	25.50	1:14:02	2:54	3	2:10	55	14:08	