



17. Lorsch Triathlon

Lorsch / 21.08.2022

Detailed evaluation

Robert Haag

Total time: 1:20:08

Club: LAZ Mosbach-Elztal

Number: 267

Course: 25.50 km

Rank in course/Total: 136 (of 279)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 118 (of 210)

Best time in course: 59:54

Category:

Rank in category: 2(of 10)

Senioren 6 (TM 65)

Best time in the category: 1:10:34

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	13:17	26:33	6	3:31	167	5:29	0.50	13:17	26:33	11	3:31	167	5:29
Wechsel S -> R	-	2:41	-	2	0:59	88	1:20	0.50	15:58	31:56	11	4:23	146	6:11
Schwimmen Total	0.50	15:58	31:56	11	4:23	146	6:11	0.50	15:58	31:56	11	4:23	146	6:11
Rad netto	20.00	36:47	1:50	2	1:54	79	12:34	20.50	52:45	2:34	11	6:17	211	11:36
Wechsel R -> L	-	1:34	-	5	0:43	178	1:08	20.50	54:19	2:38	11	7:00	211	12:24
Rad Total	20.00	38:21	1:55	2	2:37	84	12:44	20.50	54:19	2:38	11	7:00	211	12:24
Lauf Ziel	5.00	25:49	5:09	2	2:34	124	7:50	25.50	1:20:08	3:08	2	9:34	118	20:14