



17. Lorsch Triathlon

Lorsch / 21.08.2022

Detailed evaluation

Uwe Stoof

Total time: 1:31:17

Club: Poseidon Eppelheim

Number: 341

Course: 25.50 km

Rank in course/Total: 235 (of 279)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 183 (of 210)

Best time in course: 59:54

Category:

Rank in category: 6(of 10)

Senioren 6 (TM 65)

Best time in the category: 1:10:34

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	9:46	19:32	1	-	35	1:58	0.50	9:46	19:32	1	-	211	1:58
Wechsel S -> R	-	3:06	-	3	1:24	125	1:45	0.50	12:52	25:44	11	1:17	211	3:05
Schwimmen Total	0.50	12:52	25:44	11	1:17	211	3:05	0.50	12:52	25:44	11	1:17	211	3:05
Rad netto	20.00	41:10	2:03	6	6:17	170	16:57	20.50	54:02	2:38	11	7:34	211	12:53
Wechsel R -> L	-	1:40	-	6	0:49	187	1:14	20.50	55:42	2:43	11	8:23	211	13:47
Rad Total	20.00	42:50	2:08	6	7:06	175	17:13	20.50	55:42	2:43	11	8:23	211	13:47
Lauf Ziel	5.00	35:35	7:07	8	12:20	202	17:36	25.50	1:31:17	3:34	6	20:43	183	31:23