



17. Lorsch Triathlon

Lorsch / 21.08.2022

Detailed evaluation

Karl-Heinz Fahrbach

Total time: 1:29:58

Club: Keetze Hocker

Number: 37

Course: 25.50 km

Rank in course/Total: 223 (of 279)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 174 (of 210)

Best time in course: 59:54

Category:

Rank in category: 3(of 4)

Senioren 7 (TM 70)

Best time in the category: 1:14:09

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Schwimmen nett	0.50	15:00	30:00	4	4:18	197	7:12	0.50	15:00	30:00	5	4:18	197	7:12
Wechsel S -> R	-	2:53	-	3	0:36	111	1:32	0.50	17:53	35:45	5	4:54	211	8:06
Schwimmen Total	0.50	17:53	35:45	5	4:54	211	8:06	0.50	17:53	35:45	5	4:54	211	8:06
Rad netto	20.00	39:43	1:59	3	3:08	145	15:30	20.50	57:36	2:48	5	8:02	211	16:27
Wechsel R -> L	-	1:23	-	3	0:27	151	0:57	20.50	58:59	2:52	5	8:29	211	17:04
Rad Total	20.00	41:06	2:03	3	3:35	147	15:29	20.50	58:59	2:52	5	8:29	211	17:04
Lauf Ziel	5.00	30:59	6:11	3	7:20	182	13:00	25.50	1:29:58	3:31	3	15:49	174	30:04