



17. Lorsch Triathlon

Lorsch / 21.08.2022

Detailed evaluation

Johanna Bieneck

Total time: 1:15:24

Number: 17

Course: 25.50 km

Rank in course/Total: 82 (of 279)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 10 (of 69)

Best time in course: 1:06:39

Category:

Rank in category: 4(of 10)

Seniorinnen 1 (TW 40)

Best time in the category: 1:06:39

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	10:21	20:41	3	1:46	16	2:35	0.50	10:21	20:41	11	1:46	70	2:35
Wechsel S -> R	-	2:32	-	5	0:50	18	0:50	0.50	12:53	25:45	11	2:36	70	2:57
Schwimmen Total	0.50	12:53	25:45	11	2:36	70	2:57	0.50	12:53	25:45	11	2:36	70	2:57
Rad netto	20.00	38:45	1:56	4	3:38	15	3:38	20.50	51:38	2:31	11	6:14	70	6:14
Wechsel R -> L	-	1:02	-	7	0:23	30	0:24	20.50	52:40	2:34	11	6:18	70	6:18
Rad Total	20.00	39:47	1:59	4	3:42	18	3:42	20.50	52:40	2:34	11	6:18	70	6:18
Lauf Ziel	5.00	22:44	4:32	3	2:27	6	2:27	25.50	1:15:24	2:57	4	8:45	10	8:45