



# 17. Lorsch Triathlon

Lorsch / 21.08.2022

## Detailed evaluation

**Jana Colditz**

**Total time: 1:19:38**

Club: RV03 Bürstadt

Number: 22

Course: 25.50 km

Rank in course/Total: 130 (of 279)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 16 (of 69)

Best time in course: 1:06:39

Category:

Rank in category: 5(of 10)

Seniorinnen 1 (TW 40)

Best time in the category: 1:06:39

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	11:33	23:06	5	2:58	22	3:47	0.50	11:33	23:06	11	2:58	70	3:47
Wechsel S -> R	-	2:00	-	3	0:18	6	0:18	0.50	13:33	27:06	11	3:16	70	3:37
Schwimmen Total	0.50	13:33	27:06	11	3:16	70	3:37	0.50	13:33	27:06	11	3:16	70	3:37
Rad netto	20.00	39:42	1:59	5	4:35	29	4:35	20.50	53:15	2:35	11	7:51	70	7:51
Wechsel R -> L	-	0:39	-	1	-	3	0:01	20.50	53:54	2:37	11	7:32	70	7:32
Rad Total	20.00	40:21	2:01	5	4:16	24	4:16	20.50	53:54	2:37	11	7:32	70	7:32
Lauf Ziel	5.00	25:44	5:08	6	5:27	24	5:27	25.50	1:19:38	3:07	5	12:59	16	12:59