



# 17. Lorsch Triathlon

Lorsch / 21.08.2022

## Detailed evaluation

Claudia Ranz

Total time: 1:24:12

Number: 119

Course: 25.50 km

Rank in course/Total: 178 (of 279)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 31 (of 69)

Best time in course: 1:06:39

Category:

Rank in category: 5(of 13)

Seniorinnen 2 (TW 45)

Best time in the category: 1:22:55

### Intermediate times

### Stage score

### Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	12:48	25:36	6	3:03	42	5:02	0.50	12:48	25:36	14	3:03	42	5:02
Wechsel S -> R	-	2:59	-	6	0:30	36	1:17	0.50	15:47	31:33	14	3:33	41	5:51
Schwimmen Total	0.50	15:47	31:33	14	3:33	41	5:51	0.50	15:47	31:33	14	3:33	41	5:51
Rad netto	20.00	39:13	1:57	5	1:25	24	4:06	20.50	55:00	2:40	14	3:13	70	9:36
Wechsel R -> L	-	1:36	-	10	0:28	59	0:58	20.50	56:36	2:45	14	3:41	70	10:14
Rad Total	20.00	40:49	2:02	5	1:29	30	4:44	20.50	56:36	2:45	14	3:41	70	10:14
Lauf Ziel	5.00	27:36	5:31	5	6:29	36	7:19	25.50	1:24:12	3:18	5	1:17	31	17:33