



17. Lorsch Triathlon

Lorsch / 21.08.2022

Detailed evaluation

Nicole Mamier

Total time: 1:24:43

Number: 14

Course: 25.50 km

Rank in course/Total: 183 (of 279)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 33 (of 69)

Best time in course: 1:06:39

Category:

Rank in category: 6(of 13)

Seniorinnen 2 (TW 45)

Best time in the category: 1:22:55

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	13:02	26:03	7	3:17	50	5:16	0.50	13:02	26:03	7	3:17	70	5:16
Wechsel S -> R	-	3:15	-	8	0:46	45	1:33	0.50	16:17	32:34	7	4:03	70	6:21
Schwimmen Total	0.50	16:17	32:34	7	4:03	70	6:21	0.50	16:17	32:34	7	4:03	70	6:21
Rad netto	20.00	37:48	1:53	1	-	11	2:41	20.50	54:05	2:38	5	2:18	70	8:41
Wechsel R -> L	-	1:32	-	8	0:24	53	0:54	20.50	55:37	2:42	4	2:42	70	9:15
Rad Total	20.00	39:20	1:58	1	-	12	3:15	20.50	55:37	2:42	4	2:42	70	9:15
Lauf Ziel	5.00	29:06	5:49	7	7:59	45	8:49	25.50	1:24:43	3:19	6	1:48	33	18:04