



17. Lorsch Triathlon

Lorsch / 21.08.2022

Detailed evaluation

Katharina Horsch-Littig

Total time: 1:11:58

Number: 332

Course: 25.50 km

Rank in course/Total: 45 (of 279)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 3 (of 69)

Best time in course: 1:06:39

Category:

Rank in category: 1(of 10)

Seniorinnen 3 (TW 50)

Best time in the category: 1:11:58

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	10:02	20:03	1	-	13	2:16	0.50	10:02	20:03	1	-	70	2:16
Wechsel S -> R	-	2:13	-	2	0:08	10	0:31	0.50	12:15	24:30	1	-	70	2:19
Schwimmen Total	0.50	12:15	24:30	1	-	70	2:19	0.50	12:15	24:30	1	-	70	2:19
Rad netto	20.00	37:14	1:51	2	0:06	5	2:07	20.50	49:29	2:24	1	-	70	4:05
Wechsel R -> L	-	0:51	-	2	0:13	18	0:13	20.50	50:20	2:27	1	-	70	3:58
Rad Total	20.00	38:05	1:54	1	-	4	2:00	20.50	50:20	2:27	1	-	70	3:58
Lauf Ziel	5.00	21:38	4:19	1	-	3	1:21	25.50	1:11:58	2:49	1	-	3	5:19