



17. Lorsch Triathlon

Lorsch / 21.08.2022

Detailed evaluation

Christian Laun

Total time: 1:23:14

Club: Kerstins Kameraopfer-Klappradler vom Königsstuhl

Number: 141

Course: 25.50 km

Rank in course/Total: 166 (of 279)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 139 (of 210)

Best time in course: 59:54

Category:

Rank in category: 12(of 17)

männliche AK 2 (TM 25)

Best time in the category: 1:05:17

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	12:59	25:57	15	4:42	161	5:11	0.50	12:59	25:57	18	4:42	211	5:11
Wechsel S -> R	-	3:21	-	11	1:51	146	2:00	0.50	16:20	32:39	18	6:33	211	6:33
Schwimmen Total	0.50	16:20	32:39	18	6:33	211	6:33	0.50	16:20	32:39	18	6:33	211	6:33
Rad netto	20.00	40:55	2:02	13	8:57	163	16:42	20.50	57:15	2:47	18	12:23	168	16:06
Wechsel R -> L	-	0:38	-	3	0:07	15	0:12	20.50	57:53	2:49	18	12:21	162	15:58
Rad Total	20.00	41:33	2:04	13	8:29	155	15:56	20.50	57:53	2:49	18	12:21	162	15:58
Lauf Ziel	5.00	25:21	5:04	11	5:36	115	7:22	25.50	1:23:14	3:15	12	17:57	139	23:20