



17. Lorsch Triathlon

Lorsch / 21.08.2022

Detailed evaluation

Nele Langer

Total time: 1:21:14

Number: 94

Course: 25.50 km

Rank in course/Total: 147 (of 279)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 20 (of 69)

Best time in course: 1:06:39

Category:

Rank in category: 3(of 4)

weibliche AK 1 (TW 20)

Best time in the category: 1:17:55

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	9:48	19:36	2	0:28	12	2:02	0.50	9:48	19:36	2	0:28	70	2:02
Wechsel S -> R	-	2:35	-	2	0:38	20	0:53	0.50	12:23	24:45	2	1:06	70	2:27
Schwimmen Total	0.50	12:23	24:45	2	1:06	70	2:27	0.50	12:23	24:45	2	1:06	70	2:27
Rad netto	20.00	39:44	1:59	3	1:21	30	4:37	20.50	52:07	2:32	2	1:52	18	6:43
Wechsel R -> L	-	0:49	-	3	0:06	16	0:11	20.50	52:56	2:34	2	1:58	16	6:34
Rad Total	20.00	40:33	2:01	3	1:22	26	4:28	20.50	52:56	2:34	2	1:58	16	6:34
Lauf Ziel	5.00	28:18	5:39	4	2:03	43	8:01	25.50	1:21:14	3:11	3	3:19	20	14:35