



# 17. Lorsch Triathlon

Lorsch / 21.08.2022

## Detailed evaluation

Ramona Kaufmann

Total time: 1:29:25

Number: 258

Course: 25.50 km

Rank in course/Total: 219 (of 279)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 48 (of 69)

Best time in course: 1:06:39

Category:

Rank in category: 6(of 7)

weibliche AK 4 (TW 35)

Best time in the category: 1:14:15

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	12:50	25:40	5	3:50	43	5:04	0.50	12:50	25:40	8	3:50	70	5:04
Wechsel S -> R	-	3:09	-	6	0:46	42	1:27	0.50	15:59	31:57	8	4:28	70	6:03
Schwimmen Total	0.50	15:59	31:57	8	4:28	70	6:03	0.50	15:59	31:57	8	4:28	70	6:03
Rad netto	20.00	44:36	2:13	7	5:42	53	9:29	20.50	1:00:35	2:57	8	9:59	70	15:11
Wechsel R -> L	-	0:59	-	6	0:13	29	0:21	20.50	1:01:34	3:00	8	10:05	70	15:12
Rad Total	20.00	45:35	2:16	7	5:54	54	9:30	20.50	1:01:34	3:00	8	10:05	70	15:12
Lauf Ziel	5.00	27:51	5:34	5	6:01	39	7:34	25.50	1:29:25	3:30	6	15:10	48	22:46