



17. Lorsch Triathlon

Lorsch / 21.08.2022

Detailed evaluation

Jannis Ludwig

Total time: 1:21:52

Number: 322

Course: 25.50 km

Rank in course/Total: 155 (of 279)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 134 (of 210)

Best time in course: 59:54

Category:

Rank in category: 13(of 17)

männliche AK 3 (TM 30)

Best time in the category: 59:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	12:27	24:53	13	3:32	144	4:39	0.50	12:27	24:53	18	3:32	211	4:39
Wechsel S -> R	-	3:26	-	12	1:58	151	2:05	0.50	15:53	31:45	18	5:28	211	6:06
Schwimmen Total	0.50	15:53	31:45	18	5:28	211	6:06	0.50	15:53	31:45	18	5:28	211	6:06
Rad netto	20.00	41:44	2:05	15	11:00	181	17:31	20.50	57:37	2:48	18	16:28	211	16:28
Wechsel R -> L	-	0:30	-	1	-	3	0:04	20.50	58:07	2:50	18	16:12	211	16:12
Rad Total	20.00	42:14	2:06	13	10:44	166	16:37	20.50	58:07	2:50	18	16:12	211	16:12
Lauf Ziel	5.00	23:45	4:45	7	5:46	73	5:46	25.50	1:21:52	3:12	13	21:58	134	21:58