



17. Lorsch Triathlon

Lorsch / 21.08.2022

Detailed evaluation

Marco Voll

Total time: 1:08:15

Club: United Runners of Pfalz

Number: 152

Course: 25.50 km

Rank in course/Total: 24 (of 279)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 23 (of 210)

Best time in course: 59:54

Category:

Rank in category: 5(of 24)

männliche AK 4 (TM 35)

Best time in the category: 1:03:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Total ranking			
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	9:38	19:15	5	1:33	32	1:50	0.50	9:38	19:15	25	1:33	211	1:50
Wechsel S -> R	-	2:27	-	11	0:44	59	1:06	0.50	12:05	24:10	5	1:34	211	2:18
Schwimmen Total	0.50	12:05	24:10	5	1:34	211	2:18	0.50	12:05	24:10	5	1:34	211	2:18
Rad netto	20.00	34:18	1:42	6	1:31	29	10:05	20.50	46:23	2:15	5	2:30	26	5:14
Wechsel R -> L	-	1:33	-	22	0:51	175	1:07	20.50	47:56	2:20	5	3:03	32	6:01
Rad Total	20.00	35:51	1:47	7	1:48	39	10:14	20.50	47:56	2:20	5	3:03	32	6:01
Lauf Ziel	5.00	20:19	4:03	5	1:31	16	2:20	25.50	1:08:15	2:40	5	4:33	23	8:21