



17. Lorsch Triathlon

Lorsch / 21.08.2022

Detailed evaluation

Carsten Merz

Total time: 1:21:38

Club: Keetze Hocker

Number: 40

Course: 25.50 km

Rank in course/Total: 153 (of 279)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 132 (of 210)

Best time in course: 59:54

Category:

Rank in category: 18(of 24)

männliche AK 4 (TM 35)

Best time in the category: 1:03:42

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score			Total ranking						
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen nett	0.50	14:52	29:44	24	6:47	196	7:04	0.50	14:52	29:44	25	6:47	196	7:04	
Wechsel S -> R	-	2:23	-	9	0:40	51	1:02	0.50	17:15	34:30	25	6:44	178	7:28	
Schwimmen Total	0.50	17:15	34:30	25	6:44	178	7:28	0.50	17:15	34:30	25	6:44	178	7:28	
Rad netto	20.00	38:19	1:54	16	5:32	112	14:06	20.50	55:34	2:42	25	11:41	211	14:25	
Wechsel R -> L	-	1:30	-	21	0:48	169	1:04	20.50	57:04	2:47	25	12:11	211	15:09	
Rad Total	20.00	39:49	1:59	15	5:46	118	14:12	20.50	57:04	2:47	25	12:11	211	15:09	
Lauf Ziel	5.00	24:34	4:54	17	5:46	97	6:35	25.50	1:21:38	3:12	18	17:56	132	21:44	