



17. Lorsch Triathlon

Lorsch / 21.08.2022

Detailed evaluation

Daniel Kiefer

Total time: 1:26:59

Number: 319

Course: 25.50 km

Rank in course/Total: 201 (of 279)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 162 (of 210)

Best time in course: 59:54

Category:

Rank in category: 21(of 24)

männliche AK 4 (TM 35)

Best time in the category: 1:03:42

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	11:34	23:07	20	3:29	113	3:46	0.50	11:34	23:07	25	3:29	211	3:46
Wechsel S -> R	-	3:52	-	21	2:09	174	2:31	0.50	15:26	30:52	25	4:55	211	5:39
Schwimmen Total	0.50	15:26	30:52	25	4:55	211	5:39	0.50	15:26	30:52	25	4:55	211	5:39
Rad netto	20.00	43:59	2:11	22	11:12	193	19:46	20.50	59:25	2:53	25	15:32	211	18:16
Wechsel R -> L	-	1:20	-	17	0:38	140	0:54	20.50	1:00:45	2:57	25	15:52	211	18:50
Rad Total	20.00	45:19	2:15	22	11:16	193	19:42	20.50	1:00:45	2:57	25	15:52	211	18:50
Lauf Ziel	5.00	26:14	5:14	20	7:26	132	8:15	25.50	1:26:59	3:24	21	23:17	162	27:05