



17. Lorsch Triathlon

Lorsch / 21.08.2022

Detailed evaluation

Ben Deselaers

Total time: 1:19:04

Club: SSG Einhausen

Number: 28

Course: 25.50 km

Rank in course/Total: 120 (of 279)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 106 (of 210)

Best time in course: 59:54

Category:

Rank in category: 1(of 2)

männliche Jugend A (TM 16/17)

Best time in the category: 1:19:04

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	12:26	24:52	2	2:20	143	4:38	0.50	12:26	24:52	3	2:20	143	4:38
Wechsel S -> R	-	2:22	-	1	-	50	1:01	0.50	14:48	29:36	3	1:31	122	5:01
Schwimmen Total	0.50	14:48	29:36	3	1:31	122	5:01	0.50	14:48	29:36	3	1:31	122	5:01
Rad netto	20.00	39:06	1:57	2	0:09	131	14:53	20.50	53:54	2:37	3	1:40	211	12:45
Wechsel R -> L	-	0:37	-	1	-	10	0:11	20.50	54:31	2:39	3	0:58	211	12:36
Rad Total	20.00	39:43	1:59	1	-	115	14:06	20.50	54:31	2:39	3	0:58	211	12:36
Lauf Ziel	5.00	24:33	4:54	1	-	96	6:34	25.50	1:19:04	3:06	1	-	106	19:10