



17. Lorsch Triathlon

Lorsch / 21.08.2022

Detailed evaluation

Ruben Gärtner

Total time: 1:18:45

Club: LCO Lorsch

Number: 160

Course: 25.50 km

Rank in course/Total: 116 (of 279)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 102 (of 210)

Best time in course: 59:54

Category:

Rank in category: 1(of 2)

männliche Jugend B (TM 14/15)

Best time in the category: 1:18:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	10:27	20:53	1	-	67	2:39	0.50	10:27	20:53	1	-	211	2:39
Wechsel S -> R	-	3:12	-	1	-	138	1:51	0.50	13:39	27:18	1	-	211	3:52
Schwimmen Total	0.50	13:39	27:18	1	-	211	3:52	0.50	13:39	27:18	1	-	211	3:52
Rad netto	20.00	40:49	2:02	1	-	161	16:36	20.50	54:28	2:39	1	-	136	13:19
Wechsel R -> L	-	0:26	-	1	-	1	-	20.50	54:54	2:40	1	-	120	12:59
Rad Total	20.00	41:15	2:03	1	-	151	15:38	20.50	54:54	2:40	1	-	120	12:59
Lauf Ziel	5.00	23:51	4:46	1	-	75	5:52	25.50	1:18:45	3:05	1	-	102	18:51