



17. Lorsch Triathlon

Lorsch / 21.08.2022

Detailed evaluation

Nico Neuhold

Total time: 1:17:11

Number: 175

Course: 25.50 km

Rank in course/Total: 99 (of 279)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 88 (of 210)

Best time in course: 59:54

Category:

Rank in category: 8(of 13)

Senioren 1 (TM 40)

Best time in the category: 1:05:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen nett	0.50	8:53	17:45	2	0:10	12	1:05	0.50	8:53	17:45	14	0:10	211	1:05	
Wechsel S -> R	-	2:20	-	4	0:31	46	0:59	0.50	11:13	22:26	14	0:41	211	1:26	
Schwimmen Total	0.50	11:13	22:26	14	0:41	211	1:26	0.50	11:13	22:26	14	0:41	211	1:26	
Rad netto	20.00	40:12	2:00	12	8:22	152	15:59	20.50	51:25	2:30	14	8:02	211	10:16	
Wechsel R -> L	-	1:00	-	2	0:12	78	0:34	20.50	52:25	2:33	14	7:50	211	10:30	
Rad Total	20.00	41:12	2:03	12	8:10	149	15:35	20.50	52:25	2:33	14	7:50	211	10:30	
Lauf Ziel	5.00	24:46	4:57	7	3:58	99	6:47	25.50	1:17:11	3:01	8	11:33	88	17:17	