



22. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 18.06.2022

Detailed evaluation

Werratal Runners

Total time: 13:00:13

Number: 229

Speed: 12.97 km/h

Running performance: 4:37 min/km

Course: 168.70 km

Hörschel-Blankenstein

Rank in course: 6 (of 177)

Best time in course: 11:15:57

Category:

Rank in category: 6(of 118)

Männerstaffel

Best time in the category: 11:15:57

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	14.00	1:01:42	4:24	5	3:17	6	3:17	14.00	1:01:42	4:24	5	3:17	6	3:17
Kleiner Inselsber	19.60	1:17:58	3:58	2	0:49	2	0:49	33.60	2:19:40	4:09	4	3:50	4	3:50
Neue Ausspanne	14.00	1:06:41	4:45	20	15:45	22	15:45	47.60	3:26:21	4:20	5	19:35	5	19:35
Grenzdler	13.70	1:01:13	4:28	7	9:31	8	9:31	61.30	4:27:34	4:21	5	26:47	5	26:47
Allzunah	19.90	1:35:03	4:46	18	19:12	27	19:12	81.20	6:02:37	4:27	6	43:55	6	43:55
Masserberg	17.90	1:26:20	4:49	7	9:44	10	9:44	99.10	7:28:57	4:31	6	43:28	6	43:28
Neuhaus	19.90	1:30:59	4:34	10	22:36	13	22:36	119.00	8:59:56	4:32	6	54:44	6	54:44
Schildwiese	13.50	1:10:06	5:11	22	17:40	31	17:40	132.50	10:10:02	4:36	6	1:12:24	6	1:12:24
Brennersgrün	15.90	1:23:56	5:16	39	20:32	44	20:32	148.40	11:33:58	4:40	6	1:31:29	6	1:31:29
Blankenstein	20.30	1:26:15	4:14	6	12:47	7	12:47	168.70	13:00:13	4:37	6	1:44:16	6	1:44:16