



## 22. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 18.06.2022

### Detailed evaluation

Long Island Ice Tea

Total time: 17:29:15

Number: 178

Speed: 9.61 km/h

Running performance: 6:13 min/km

Course: 168.70 km

Hörschel-Blankenstein

Rank in course: 131 (of 177)

Best time in course: 11:15:57

Category:

Rank in category: 99(of 118)

Männerstaffel

Best time in the category: 11:15:57

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	14.00	1:22:53	5:55	86	24:28	114	24:28	14.00	1:22:53	5:55	86	24:28	114	24:28
Kleiner Inselsber	19.60	1:48:44	5:32	64	31:35	89	31:35	33.60	3:11:37	5:42	73	55:47	96	55:47
Neue Ausspanne	14.00	1:08:51	4:55	27	17:55	29	17:55	47.60	4:20:28	5:28	51	1:13:42	61	1:13:42
Grenzadler	13.70	1:35:19	6:57	109	43:37	156	43:37	61.30	5:55:47	5:48	74	1:55:00	91	1:55:00
Allzunah	19.90	2:15:29	6:48	109	59:38	162	59:38	81.20	8:11:16	6:03	95	2:52:34	127	2:52:34
Masserberg	17.90	1:48:10	6:02	54	31:34	72	31:34	99.10	9:59:26	6:02	91	3:13:57	120	3:13:57
Neuhaus	19.90	2:03:39	6:12	77	55:16	107	55:16	119.00	12:03:05	6:04	93	3:57:53	120	3:57:53
Schildwiese	13.50	1:24:03	6:13	70	31:37	97	31:37	132.50	13:27:08	6:05	89	4:29:30	114	4:29:30
Brennersgrün	15.90	1:57:24	7:23	107	54:00	160	54:00	148.40	15:24:32	6:13	101	5:22:03	132	5:22:03
Blankenstein	20.30	2:04:43	6:08	87	51:15	126	51:15	168.70	17:29:15	6:13	100	6:13:18	132	6:13:18