



## 22. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 18.06.2022

### Detailed evaluation

Lauf-KulTour e.V.

Number: 14

Course: 168.70 km  
Hörschel-Blankenstein

Category:  
Männerstaffel

Total time: 14:25:27

Speed: 11.65 km/h

Running performance: 5:08 min/km

Rank in course: 19 (of 177)

Best time in course: 11:15:57

Rank in category: 15(of 118)

Best time in the category: 11:15:57

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	14.00	1:09:49	4:59	22	11:24	24	11:24	14.00	1:09:49	4:59	22	11:24	24	11:24
Kleiner Inselsber	19.60	1:43:07	5:15	40	25:58	55	25:58	33.60	2:52:56	5:08	25	37:06	32	37:06
Neue Ausspanne	14.00	1:17:18	5:31	62	26:22	74	26:22	47.60	4:10:14	5:15	34	1:03:28	40	1:03:28
Grenzadler	13.70	1:08:01	4:57	20	16:19	26	16:19	61.30	5:18:15	5:11	24	1:17:28	29	1:17:28
Allzunah	19.90	1:41:18	5:05	34	25:27	51	25:27	81.20	6:59:33	5:10	21	1:40:51	26	1:40:51
Masserberg	17.90	1:42:33	5:43	40	25:57	50	25:57	99.10	8:42:06	5:16	27	1:56:37	33	1:56:37
Neuhaus	19.90	1:34:06	4:43	14	25:43	17	25:43	119.00	10:16:12	5:10	18	2:11:00	23	2:11:00
Schildwiese	13.50	59:51	4:26	5	7:25	5	7:25	132.50	11:16:03	5:06	10	2:18:25	15	2:18:25
Brennersgrün	15.90	1:17:59	4:54	14	14:35	16	14:35	148.40	12:34:02	5:04	10	2:31:33	14	2:31:33
Blankenstein	20.30	1:51:25	5:29	57	37:57	77	37:57	168.70	14:25:27	5:07	15	3:09:30	19	3:09:30