



## 22. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 18.06.2022

### Detailed evaluation

Heyeröder Hainichläufer

Total time: 15:06:56

Number: 154

Speed: 11.11 km/h

Running performance: 5:23 min/km

Course: 168.70 km

Hörschel-Blankenstein

Rank in course: 35 (of 177)

Best time in course: 11:15:57

Category:

Rank in category: 29(of 118)

Männerstaffel

Best time in the category: 11:15:57

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	14.00	1:17:46	5:33	56	19:21	74	19:21	14.00	1:17:46	5:33	56	19:21	74	19:21
Kleiner Inselsber	19.60	1:35:40	4:52	17	18:31	22	18:31	33.60	2:53:26	5:09	26	37:36	33	37:36
Neue Ausspanne	14.00	1:27:50	6:16	95	36:54	127	36:54	47.60	4:21:16	5:29	52	1:14:30	62	1:14:30
Grenzdler	13.70	1:14:53	5:27	40	23:11	54	23:11	61.30	5:36:09	5:29	44	1:35:22	52	1:35:22
Allzunah	19.90	1:46:26	5:20	55	30:35	74	30:35	81.20	7:22:35	5:27	42	2:03:53	53	2:03:53
Masserberg	17.90	1:43:42	5:47	41	27:06	54	27:06	99.10	9:06:17	5:30	40	2:20:48	49	2:20:48
Neuhaus	19.90	1:39:28	4:59	23	31:05	29	31:05	119.00	10:45:45	5:25	30	2:40:33	38	2:40:33
Schildwiese	13.50	1:13:16	5:25	34	20:50	44	20:50	132.50	11:59:01	5:25	30	3:01:23	36	3:01:23
Brennersgrün	15.90	1:16:24	4:48	10	13:00	11	13:00	148.40	13:15:25	5:21	24	3:12:56	29	3:12:56
Blankenstein	20.30	1:51:31	5:29	58	38:03	79	38:03	168.70	15:06:56	5:22	29	3:50:59	35	3:50:59