



22. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 18.06.2022

Detailed evaluation

M&H Rennsteigteam

Total time: 17:53:06

Number: 180

Speed: 9.39 km/h

Running performance: 6:22 min/km

Course: 168.70 km

Hörschel-Blankenstein

Rank in course: 149 (of 177)

Best time in course: 11:15:57

Category:

Rank in category: 108(of 118)

Männerstaffel

Best time in the category: 11:15:57

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	14.00	1:29:41	6:24	108	31:16	148	31:16	14.00	1:29:41	6:24	108	31:16	148	31:16
Kleiner Inselsber	19.60	2:12:36	6:45	113	55:27	166	55:27	33.60	3:42:17	6:36	114	1:26:27	166	1:26:27
Neue Ausspanne	14.00	1:17:59	5:34	64	27:03	78	27:03	47.60	5:00:16	6:18	111	1:53:30	153	1:53:30
Grenzadler	13.70	1:31:16	6:39	102	39:34	142	39:34	61.30	6:31:32	6:23	114	2:30:45	154	2:30:45
Allzunah	19.90	2:00:07	6:02	87	44:16	126	44:16	81.20	8:31:39	6:18	112	3:12:57	156	3:12:57
Masserberg	17.90	1:58:01	6:35	86	41:25	117	41:25	99.10	10:29:40	6:21	106	3:44:11	150	3:44:11
Neuhaus	19.90	1:55:00	5:46	54	46:37	73	46:37	119.00	12:24:40	6:15	103	4:19:28	139	4:19:28
Schildwiese	13.50	1:44:39	7:45	103	52:13	156	52:13	132.50	14:09:19	6:24	105	5:11:41	146	5:11:41
Brennersgrün	15.90	1:58:21	7:26	108	54:57	162	54:57	148.40	16:07:40	6:31	114	6:05:11	159	6:05:11
Blankenstein	20.30	1:45:26	5:11	40	31:58	56	31:58	168.70	17:53:06	6:21	109	6:37:09	150	6:37:09