



22. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 18.06.2022

Detailed evaluation

Speedy Ladies Heipa Eichsfeld

Total time: 17:55:36

Number: 12

Speed: 9.37 km/h

Running performance: 6:23 min/km

Course: 168.70 km

Hörschel-Blankenstein

Rank in course: 151 (of 177)

Best time in course: 11:15:57

Category:

Rank in category: 8(of 11)

Frauenstaffel

Best time in the category: 13:14:51

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	14.00	1:19:38	5:41	6	12:23	90	21:13	14.00	1:19:38	5:41	6	12:23	178	21:13
Kleiner Inselsber	19.60	2:10:01	6:38	8	33:19	159	52:52	33.60	3:29:39	6:14	8	45:42	178	1:13:49
Neue Ausspanne	14.00	1:39:43	7:07	11	42:41	176	48:47	47.60	5:09:22	6:29	8	1:28:23	178	2:02:36
Grenzadler	13.70	1:22:27	6:01	5	19:38	100	30:45	61.30	6:31:49	6:23	8	1:48:01	177	2:31:02
Allzunah	19.90	2:21:21	7:06	10	54:51	169	1:05:30	81.20	8:53:10	6:33	8	2:42:52	176	3:34:28
Masserberg	17.90	1:56:09	6:29	8	34:24	112	39:33	99.10	10:49:19	6:33	8	3:13:38	175	4:03:50
Neuhaus	19.90	fehlt!	-	-	-	-	-	119.00	-	-	-	-	-	-
Schildwiese	13.50	3:03:06	13:33	11	1:56:57	168	2:10:40	132.50	13:52:25	6:16	8	3:29:25	169	4:54:47
Brennersgrün	15.90	1:46:35	6:42	9	29:10	143	43:11	148.40	15:39:00	6:19	8	3:51:48	177	5:36:31
Blankenstein	20.30	2:16:36	6:43	9	48:57	158	1:03:08	168.70	17:55:36	6:22	8	4:40:45	152	6:39:39