



22. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 18.06.2022

Detailed evaluation

Pleßgirls Breitungen

Number: 13

Course: 168.70 km
Hörschel-Blankenstein

Category:
Frauenstaffel

Total time: 13:37:01

Speed: 12.34 km/h

Running performance: 4:50 min/km

Rank in course: 11 (of 177)

Best time in course: 11:15:57

Rank in category: 2(of 11)

Best time in the category: 13:14:51

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	14.00	1:13:12	5:13	2	5:57	44	14:47	14.00	1:13:12	5:13	2	5:57	178	14:47
Kleiner Inselsber	19.60	1:38:07	5:00	2	1:25	37	20:58	33.60	2:51:19	5:05	2	7:22	178	35:29
Neue Ausspanne	14.00	1:04:00	4:34	2	6:58	14	13:04	47.60	3:55:19	4:56	2	14:20	146	48:33
Grenzadler	13.70	1:03:57	4:40	2	1:08	13	12:15	61.30	4:59:16	4:52	2	15:28	177	58:29
Allzunah	19.90	1:32:47	4:39	2	6:17	19	16:56	81.20	6:32:03	4:49	2	21:45	176	1:13:21
Masserberg	17.90	1:21:45	4:34	1	-	5	5:09	99.10	7:53:48	4:46	2	18:07	175	1:08:19
Neuhaus	19.90	1:42:50	5:10	2	3:41	36	34:27	119.00	9:36:38	4:50	2	21:48	176	1:31:26
Schildwiese	13.50	1:06:09	4:54	1	-	18	13:43	132.50	10:42:47	4:51	2	19:47	169	1:45:09
Brennersgrün	15.90	1:17:25	4:52	1	-	14	14:01	148.40	12:00:12	4:51	2	13:00	177	1:57:43
Blankenstein	20.30	1:36:49	4:46	2	9:10	30	23:21	168.70	13:37:01	4:50	2	22:10	11	2:21:04