



22. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 18.06.2022

Detailed evaluation

Mittwochslaufrunde Königsee

Total time: 16:23:05

Number: 181

Speed: 10.25 km/h

Running performance: 5:50 min/km

Course: 168.70 km

Hörschel-Blankenstein

Rank in course: 75 (of 177)

Best time in course: 11:15:57

Category:

Rank in category: 58(of 118)

Männerstaffel

Best time in the category: 11:15:57

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	14.00	1:28:48	6:20	107	30:23	144	30:23	14.00	1:28:48	6:20	107	30:23	144	30:23
Kleiner Inselsber	19.60	1:48:48	5:33	65	31:39	90	31:39	33.60	3:17:36	5:52	92	1:01:46	118	1:01:46
Neue Ausspanne	14.00	1:12:02	5:08	39	21:06	43	21:06	47.60	4:29:38	5:39	67	1:22:52	84	1:22:52
Grenzadler	13.70	1:22:53	6:02	79	31:11	102	31:11	61.30	5:52:31	5:45	67	1:51:44	83	1:51:44
Allzunah	19.90	1:43:27	5:11	45	27:36	63	27:36	81.20	7:35:58	5:36	62	2:17:16	76	2:17:16
Masserberg	17.90	1:55:45	6:27	80	39:09	109	39:09	99.10	9:31:43	5:46	63	2:46:14	77	2:46:14
Neuhaus	19.90	2:00:06	6:02	69	51:43	94	51:43	119.00	11:31:49	5:48	64	3:26:37	80	3:26:37
Schildwiese	13.50	1:25:58	6:22	77	33:32	109	33:32	132.50	12:57:47	5:52	67	4:00:09	84	4:00:09
Brennersgrün	15.90	1:39:43	6:16	86	36:19	118	36:19	148.40	14:37:30	5:54	70	4:35:01	89	4:35:01
Blankenstein	20.30	1:45:35	5:12	41	32:07	57	32:07	168.70	16:23:05	5:49	58	5:07:08	75	5:07:08