



22. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 18.06.2022

Detailed evaluation

X-Runners Mix

Number: 578

Course: 168.70 km
Hörschel-Blankenstein

Category:
Mixstaffel

Total time: 13:39:23

Speed: 12.30 km/h

Running performance: 4:52 min/km

Rank in course: 12 (of 177)

Best time in course: 11:15:57

Rank in category: 2(of 48)

Best time in the category: 13:35:41

Control	Intermediate times						Stage score				Total ranking			
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	14.00	1:14:32	5:19	10	14:47	54	16:07	14.00	1:14:32	5:19	10	14:47	178	16:07
Kleiner Inselsber	19.60	1:30:06	4:35	3	6:09	12	12:57	33.60	2:44:38	4:53	4	8:10	178	28:48
Neue Ausspanne	14.00	1:20:00	5:42	11	9:23	90	29:04	47.60	4:04:38	5:08	4	14:03	178	57:52
Grenzadler	13.70	1:11:38	5:13	6	12:56	41	19:56	61.30	5:16:16	5:09	3	20:32	177	1:15:29
Allzunah	19.90	1:34:14	4:44	6	11:53	21	18:23	81.20	6:50:30	5:03	3	26:13	176	1:31:48
Masserberg	17.90	1:19:17	4:25	1	-	3	2:41	99.10	8:09:47	4:56	2	15:11	175	1:24:18
Neuhaus	19.90	1:36:33	4:51	4	15:29	19	28:10	119.00	9:46:20	4:55	1	-	176	1:41:08
Schildwiese	13.50	1:08:54	5:06	6	8:11	27	16:28	132.50	10:55:14	4:56	2	4:30	169	1:57:36
Brennersgrün	15.90	1:06:06	4:09	1	-	4	2:42	148.40	12:01:20	4:51	1	-	177	1:58:51
Blankenstein	20.30	1:38:03	4:49	8	13:01	35	24:35	168.70	13:39:23	4:51	2	3:42	12	2:23:26