



22. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 18.06.2022

Detailed evaluation

Spitzensalat des WSV Ilmenau

Total time: 16:34:35

Number: 198

Speed: 10.13 km/h

Running performance: 5:54 min/km

Course: 168.70 km

Hörschel-Blankenstein

Rank in course: 90 (of 177)

Best time in course: 11:15:57

Category:

Rank in category: 70(of 118)

Männerstaffel

Best time in the category: 11:15:57

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	14.00	1:22:50	5:54	85	24:25	112	24:25	14.00	1:22:50	5:54	85	24:25	112	24:25
Kleiner Inselsber	19.60	1:50:25	5:38	71	33:16	98	33:16	33.60	3:13:15	5:45	79	57:25	103	57:25
Neue Ausspanne	14.00	1:16:38	5:28	57	25:42	68	25:42	47.60	4:29:53	5:40	68	1:23:07	85	1:23:07
Grenzdler	13.70	1:15:35	5:31	45	23:53	61	23:53	61.30	5:45:28	5:38	58	1:44:41	73	1:44:41
Allzunah	19.90	2:02:10	6:08	91	46:19	131	46:19	81.20	7:47:38	5:45	70	2:28:56	88	2:28:56
Masserberg	17.90	1:50:43	6:11	69	34:07	91	34:07	99.10	9:38:21	5:50	69	2:52:52	84	2:52:52
Neuhaus	19.90	1:53:17	5:41	50	44:54	67	44:54	119.00	11:31:38	5:48	62	3:26:26	78	3:26:26
Schildwiese	13.50	1:37:12	7:12	97	44:46	143	44:46	132.50	13:08:50	5:57	77	4:11:12	96	4:11:12
Brennersgrün	15.90	1:28:25	5:33	53	25:01	66	25:01	148.40	14:37:15	5:54	68	4:34:46	87	4:34:46
Blankenstein	20.30	1:57:20	5:46	71	43:52	98	43:52	168.70	16:34:35	5:53	70	5:18:38	90	5:18:38