



## 22. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 18.06.2022

### Detailed evaluation

Schwabenpfeil

Total time: 17:30:10

Number: 195

Speed: 9.60 km/h

Running performance: 6:14 min/km

Course: 168.70 km

Hörschel-Blankenstein

Rank in course: 133 (of 177)

Best time in course: 11:15:57

Category:

Rank in category: 101(of 118)

Männerstaffel

Best time in the category: 11:15:57

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	14.00	1:21:04	5:47	73	22:39	99	22:39	14.00	1:21:04	5:47	73	22:39	99	22:39
Kleiner Inselsber	19.60	1:51:15	5:40	73	34:06	100	34:06	33.60	3:12:19	5:43	76	56:29	99	56:29
Neue Ausspanne	14.00	1:33:03	6:38	110	42:07	156	42:07	47.60	4:45:22	5:59	94	1:38:36	121	1:38:36
Grenzadler	13.70	1:35:56	7:00	111	44:14	158	44:14	61.30	6:21:18	6:13	105	2:20:31	143	2:20:31
Allzunah	19.90	1:59:58	6:01	86	44:07	125	44:07	81.20	8:21:16	6:10	104	3:02:34	144	3:02:34
Masserberg	17.90	2:31:00	8:26	115	1:14:24	172	1:14:24	99.10	10:52:16	6:34	115	4:06:47	162	4:06:47
Neuhaus	19.90	2:14:40	6:46	100	1:06:17	139	1:06:17	119.00	13:06:56	6:36	113	5:01:44	159	5:01:44
Schildwiese	13.50	1:14:34	5:31	41	22:08	53	22:08	132.50	14:21:30	6:30	107	5:23:52	150	5:23:52
Brennersgrün	15.90	1:23:42	5:15	38	20:18	43	20:18	148.40	15:45:12	6:22	110	5:42:43	152	5:42:43
Blankenstein	20.30	1:44:58	5:10	38	31:30	54	31:30	168.70	17:30:10	6:13	102	6:14:13	134	6:14:13