



Detailed evaluation

TIERNEY, John William

Total time: 30:43.43

Club: CMBC
Number: 109

SES 100

Rank in course: 181 (of 257)

Best time in course: 22:41.74

Category:

Rank in category: 48(of 66)

MEN MASTER 35+

Best time in the category: 23:40.20

Intermediate times				Stage score		Total ranking				
Control	Split Time	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total Time	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Stage 1	7:34.63	51	1:57.90	197	2:11.28	7:34.63	51	1:57.90	197	2:11.28
Stage 2	7:39.58	49	1:10.95	186	1:27.75	15:14.21	50	3:06.70	189	3:34.38
Stage 3	3:34.85	52	0:51.11	198	1:01.02	18:49.06	50	3:57.81	186	4:35.40
Stage 4	4:27.70	44	1:17.77	173	1:22.85	23:16.76	49	5:11.14	180	5:53.15
Stage 5	7:26.67	48	1:52.09	190	2:08.54	30:43.43	48	7:03.23	181	8:01.69