



Detailed evaluation

DUNCAN, James

Total time: 29:19.33

Club: The Parachute Regiment
Number: 148

SES 100

Rank in course: 155 (of 257)

Best time in course: 22:41.74

Category:

Rank in category: 41(of 66)

MEN MASTER 35+

Best time in the category: 23:40.20

| Intermediate times | | | | Stage score | | Total ranking | | | | |
|--------------------|------------|----------|-------------|-------------|--------------|---------------|----------|-------------|-----------|--------------|
| Control | Split Time | Pos Cat. | Behind Cat. | Pos Total | Behind Total | Total Time | Pos Cat. | Behind Cat. | Pos Total | Behind Total |
| Stage 1 | 7:03.59 | 40 | 1:26.86 | 152 | 1:40.24 | 7:03.59 | 40 | 1:26.86 | 152 | 1:40.24 |
| Stage 2 | 7:11.08 | 35 | 0:42.45 | 128 | 0:59.25 | 14:14.67 | 37 | 2:07.16 | 144 | 2:34.84 |
| Stage 3 | 3:18.20 | 39 | 0:34.46 | 152 | 0:44.37 | 17:32.87 | 36 | 2:41.62 | 142 | 3:19.21 |
| Stage 4 | 4:35.36 | 50 | 1:25.43 | 186 | 1:30.51 | 22:08.23 | 40 | 4:02.61 | 149 | 4:44.62 |
| Stage 5 | 7:11.10 | 43 | 1:36.52 | 170 | 1:52.97 | 29:19.33 | 41 | 5:39.13 | 155 | 6:37.59 |