



Detailed evaluation

LAMONT, Mark

Total time: 27:29.57

Number: 91

SES 100

Rank in course: 116 (of 257)

Best time in course: 22:41.74

Category:

Rank in category: 7(of 28)

MEN MASTER 45+

Best time in the category: 25:00.78

Intermediate times				Stage score		Total ranking				
Control	Split Time	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total Time	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Stage 1	6:43.94	8	0:44.31	129	1:20.59	6:43.94	8	0:44.31	129	1:20.59
Stage 2	7:04.77	6	0:24.07	117	0:52.94	13:48.71	7	1:08.38	117	2:08.88
Stage 3	3:14.12	8	0:22.25	141	0:40.29	17:02.83	8	1:30.63	125	2:49.17
Stage 4	3:49.28	6	0:21.61	110	0:44.43	20:52.11	7	1:52.24	116	3:28.50
Stage 5	6:37.46	7	0:36.55	126	1:19.33	27:29.57	7	2:28.79	116	4:47.83