



5. Stadtlauf Bad Tennstedt
Bad Tennstedt / 10.09.2022

Detailed evaluation

Setzepfandt, Stefan

Club: Fahrdienst Gary
Number: 230

Course: 5.00 km
5 km Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 28:57

Speed: 10.36 km/h
Running performance: 5:47 min/km

Rank in course/Total: 15 (of 27)

Rank in course/Men: 13 (of 21)

Best time in course: 21:43

Rank in category: 1(of 1)

Best time in the category: 28:57