



5. Stadtlauf Bad Tennstedt  
Bad Tennstedt / 10.09.2022

Detailed evaluation

Dünnebeil, Ole

Number: 361

Course: 5.00 km  
5 km Lauf

Category:  
männliche Jugend U14 (12-13)

Total time: 30:47

Speed: 9.75 km/h

Running performance: 6:10 min/km

Rank in course/Total: 20 (of 27)

Rank in course/Men: 16 (of 21)

Best time in course: 21:43

Rank in category: 4(of 5)

Best time in the category: 25:54