



5. Stadtlauf Bad Tennstedt
Bad Tennstedt / 10.09.2022

Detailed evaluation

Lange, Nadin

Club: Laufend unterwegs
Number: 215

Course: 5.00 km
5 km Lauf

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 32:22

Speed: 9.27 km/h
Running performance: 6:28 min/km

Rank in course/Total: 22 (of 27)

Rank in course/Women: 5 (of 6)

Best time in course: 27:05

Rank in category: 3(of 3)

Best time in the category: 27:05