



5. Stadtlauf Bad Tennstedt  
Bad Tennstedt / 10.09.2022

Detailed evaluation

Frank, Felix

Club: TMP

Number: 202

Course: 5.00 km

5 km Lauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 30:17

Speed: 9.91 km/h

Running performance: 6:04 min/km

Rank in course/Total: 19 (of 27)

Rank in course/Men: 15 (of 21)

Best time in course: 21:43

Rank in category: 3(of 4)

Best time in the category: 26:00